

from chemists and wine merchants, or direct from the manufacturers who will supply Nurses with a sample bottle for one shilling to cover the bare cost of postage and packing.

#### MALCOLM WILSON'S INVALID WINE.

(Messrs. HUGHES & MORRIS, Wine Merchants, 90, Lower Thames Street, E.C.)

Some time ago we drew attention to this excellent preparation, and having had an opportunity of still further testing it, we are enabled to repeat and emphasize what we previously said in strongly recommending its use.

#### PATENT "EXCELSIOR" IRON HEATER.

Messrs. BASTIN, BUSH & Co., 118, Fenchurch Street, London, E.C.

We are glad to call our readers' attention to this iron-heater, which will be found to be exceedingly useful when getting up fine linen caps, &c. It has a moveable end by which means the iron can be placed inside, and so protected from smoke, &c., and while heating; this shield also keeps



the surface of the iron perfectly smooth and even for getting up the most delicate of lace, and as this useful invention ranges in price from tenpence to two shillings, it should find a home in every well-appointed household and institution. This firm have now completed a special ladies' set for fancy work, consisting of the small heater and nickel-plated iron, for two shillings and sixpence complete.

A number of Diet Charts, issued by Mr. Lewis of Gower Street, have been submitted by us to a medical man who has favoured us with the following comments:—They are very useful, accurate and

convenient, and will undoubtedly meet a want which many a busy practitioner has experienced, especially when he has, on the one side, to deal with his own paucity of time, and, on the other, with the extraordinary paucity of memory displayed by many patients. The only criticisms which are possible is that the pages might be of smaller size, say of the shape of the ordinary prescription paper, and secondly, that the General Rules should be somewhat more simply worded so as to be more easily "understood of the people." For example, in No. 1, the General Rules are thus given: "Take foods readily assimilable that leave a small amount of nitrogenous waste matters to be eliminated by the kidneys." Now that is excellent, short, and clear to a doctor. But I fancy it would sound somewhat confusing to an ordinary patient. Then again, in No. 4, the patient is told to "use foods that leave a bulky residue to increase peristalsis of bowels." But I need not say more, and only say this much in the hope that these valuable publications will in future editions be made more valuable still.

### Notes and News.

It is the plain and obvious duty of every one interested in the general welfare of the provident poor to do their utmost to relieve, to the best of their ability, the wholesale distress caused by the Liberator Building Society, which has by its failure brought about the ruin of hundreds who have neither too wisely nor too well yielded to the blandishments of a cleverly drawn prospectus and the spider-like inducements offered to them. The Reverend J. STOCKWELL WATTS, with an energy commendable in every way, has issued a very timely pamphlet, entitled, "The Biggest Crime of the Nineteenth Century, and what the Churches say of it; or, the Duty of the Hour," and in it are some plain and uncoloured statements which everybody should peruse. Funds are required, and urgently too, for the relief of those sufferers who owe their distress to the failure of the Liberator Building Society, and every penny given will be gratefully received. We know of no cause more urgent or more useful, so that we wish that many will give well and give quickly towards this Relief Fund, sending their donations to the Rev. J. STOCKWELL WATTS, Hon. Sec., Liberator Relief Fund, 16, Farringdon Street, E.C.

### Letters to the Editor.

*To the Editor of "the Nursing Record."*

Lady Malmesbury presents her compliments to the Editor of the NURSING RECORD, and would be greatly obliged if the following notice could be inserted in the next publication of the Journal:—

THE COUNTESS OF DUFFERIN'S FUND.

The Annual Meeting of the Fund will be held on Wednesday, 12th July, at 3.30 p.m., at 24, Park Lane, by kind permission of the Right Hon. the Lord Brassey, K.C.B.

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